

SUFFER FROM

Get Tested. Get Treated. *Get Relief!*

ALLERGIES?

Our allergy testing is easy, pain-free, and more effective than ever! Instead of being referred to an expensive specialist, the latest developments in allergy science have put the solutions right in your doctor's hands. No needles are used to test or treat our patients! And testing is done right here in this office.

The days of painful, risky and time consuming testing are over. Start living life on your terms... allergy free!

COMMON ALLERGY SYMPTOMS

Asthma	Ear Infections
Fatigue	Strep Throat
Headaches	Eye Infections
Runny Nose	Sinus Infections
Sneezing	Post Nasal Drip
Cough	Wheezing
Skin Rash	Pneumonia

HOW DO I GET TESTED?

Ask the medical staff for an allergy symptom form. Once completed, return it to your doctor to discuss if an allergy testing is right for you.

WHAT TO EXPECT.

For the most effective results, your doctor will perform the test on your back. After swabbing with a disinfecting alcohol pad, the skin is scratched with a variety of allergens. Slight swelling, redness or irritation will help determine your allergies. The test takes about 10-15 minutes, and you should have your results in 20 minutes or less!

IS IT SAFE?

When performed by your doctor this is a non-invasive, needle-free, and FDA approved skin test that is not only safe, but almost painless!

HOW WILL IT FEEL?

You may experience itchy skin, stuffy nose, red watery eyes, or a skin rash after testing. This is normal and these symptoms should subside after testing is complete.

WHY DO TESTING?

- To confirm and identify your allergies
- Provide possible avoidance to allergies that trigger symptoms
- Determine your therapy
- Discover a baseline for therapy to analyze improvement with your symptoms



ASK YOUR DOCTOR ABOUT HOW TO **BECOME ALLERGY FREE TODAY!**

ALLERGY TREATMENT

SUBLINGUAL IMMUNOTHERAPY

NEEDLE
FREE

KID
FRIENDLY

COST
EFFECTIVE

CONVENIENT

UNDERSTANDING SUBLINGUAL IMMUNOTHERAPY

The latest treatment for allergy sufferers is called Sublingual Immunotherapy (SLIT). Immunotherapy is an allergy relief treatment that is administered orally through a series of droppers that contain an individualized serum. These drops are formulated based on your test results and will contain the allergens of which you are allergic. These drops are applied under the tongue daily to safely build immunity and soon have you living allergy free! This treatment is completely needle-free and is administered in the convenience of your own home.

BENEFITS TO USING SUBLINGUAL THERAPY

- Cost Effective
- Kid Friendly
- Sweet Taste
- Effective
- Not limited to 3-4 Antigens
- Needle-Free
- Little Risk
- Convenient
- Fewer Office Visits
- Money Saving

TYPICAL DOSING SCHEDULE

Immunotherapy is broken down into 5 phases, each phase lasting 30 days. Every 30 days you will receive a new dropper that corresponds to the current phase. Following phases 1-5, you will begin phase 5m, the maintenance phase. This phase will last anywhere from 6-12 months depending on the patient and the severity of allergies.



USING YOUR DROPPER PHASE 1-5M

Phases 1-5

Apply drop(s) under tongue every morning before brushing teeth, hold for 2 minutes before swallowing. (Do not eat or drink for 30 minutes after dose.)

Week 1: One-Drop Daily **Week 2:** Two Drops Daily

Week 3: Three Drops Daily **Week 4:** Four Drops Daily

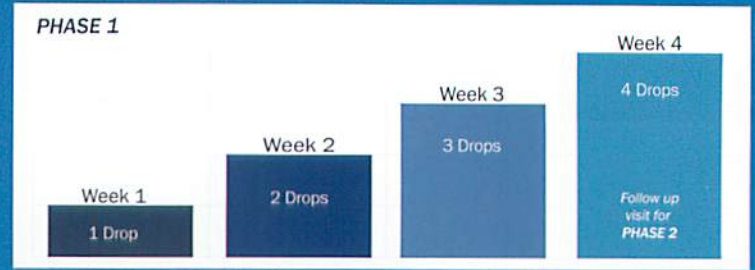
One pump is equal to one drop (0.05 ml).

Phase 5M (Maintenance)

Apply drop(s) under tongue every morning before brushing teeth, hold for 2 minutes before swallowing. (Do not eat or drink for 30 minutes after dose.)

Week 1: 5 Drops Daily **Week 2:** 5 Drops Daily **Week 3:** 5 Drops Daily **Week 4:** 5 Drops Daily

One pump is equal to one drop (0.05 ml).



ACHIEVING ALLERGY RELIEF

Immunotherapy treatment is a 12-24 month plan, based on test results and severity of allergies. Therapy consists of 5 phases followed by a maintenance period designed to slowly build your immunity to allergens. Discontinued use of the immunotherapy will result in starting treatment again from the beginning. The correct daily dosing is vital to ensure proper therapy.

WHAT TO EXPECT

Receiving your Medication

Following your allergy testing and results, the pharmacy will contact you within 24 hours of receiving your prescription from your doctor.

- The pharmacy will verify patient information including: demographics, shipping address, payment information along with any additional information needed.
- Assistance with therapy application and directions will be available along with access to our specialized pharmacist for further consultation (upon request).

INSURANCE COVERAGE

Isomeric Pharmacy offers Sublingual Therapy at an affordable cash price for patients that are interested, as insurance currently does not cover these compounds. Pricing is determined by the type of therapy chosen and is located at the bottom of the prescription form filled out by your doctor. Our pharmacy will do our best to provide unparalleled service and address any questions or concerns you may have regarding coverage and therapy.

ADDITIONAL QUESTIONS OR CONCERNS

Please feel free to call the pharmacy's contact number if you have any questions regarding your prescribed medication, its usage or any possible side effects.

Isomeric Pharmacy Solutions
510 South 600 East
Salt Lake City, Utah 84012
1-800-418-0730

Consent for Administration of Sublingual Allergy Immunotherapy

What You Should Know About Sublingual Allergy Immunotherapy

What is the purpose of sublingual immunotherapy (SLIT)?

Think of *immunotherapy* as a “vaccination” against allergies. However unlike allergy shots, with sublingual immunotherapy, you take drops of liquid (not shots) to decrease your sensitivity to allergy causing substances (i.e. animals, pollen, dust mites and mold). This does not mean that Immunotherapy is a substitute for avoidance of known allergens or for allergy medication.

Why take allergy immunotherapy?

If you are allergic to one or more environmental substances that you cannot avoid, this is an indication for therapy.

What is the procedure in sublingual immunotherapy?

First your doctor will run a number of tests to pinpoint the substances that cause your allergies. The results of these tests will help your doctor decide whether immunotherapy might help you. Sublingual allergy immunotherapy begins at very low doses. This dosage is gradually increased on a regular (monthly) basis until a therapeutic dose is reached. The drops will be taken daily to reduce the chances of a reaction and permits the maintenance dose to be reached within a reasonable amount of time.

What can I expect from immunotherapy?

If immunotherapy is successful, you will probably have fewer reactions and less severe reactions to the substances that cause your allergies to flare up. Allergy drops can improve your quality of life. Your symptoms should be much better if you have followed our instructions. Sublingual allergy therapy has shown to be safer than allergy injection therapy in many studies and appears to be as clinically effective. The World Health Organizations committee on vaccines stated, “Well designed studies employing high dose sublingual-swallow immunotherapy provide evidence that this form of therapy may be a viable alternative to injection therapy in the treatment of allergic airway disease.” It is important to note that allergy vaccines are FDA approved; the Sublingual route is considered off the label use.

How long will the treatment be?

It usually takes five months to reach a maintenance dose. It usually takes a full year to see the optimum results. Most patients need two years to be fully desensitized.

What are possible side effects?

Most patients seem to tolerate sublingual immunotherapy without side effects. Rarely, patients have reported local reactions such as an itchy mouth or throat. Even less common are general reactions such as skin rashes, stomach pain or difficulty breathing. If any of the above occurs you should contact us immediately.

Females of childbearing potential:

If you become pregnant while on sublingual immunotherapy, notify the office staff immediately so that the physician can determine an appropriate dosage schedule. Immunotherapy doses will not be advanced during pregnancy, but may be maintained at a constant level.

Please contact us if you start any new prescription medications, especially for high blood pressure.

PARENTS OF CHILDREN

We ask that you agree to supervise your children’s use of the Allergy vaccine.